## CLAIMS

- 1. A composition for preventing or alleviating symptoms associated with varicose veins of lower extremities wherein the composition contains eicosapentaenoic acid.
- 2. The composition according to claim 1 wherein the composition is a food, a dietary suppliment, a cosmetic, or a quasi drug.
- 3. A prophylactic and therapeutic agent for varicose veins of lower extremities which contains eicosapentaenoic acid as its effective component.
- 4. The prophylactic and therapeutic agent for varicose veins of lower extremities according to claim 3 wherein the effective component is ethyl ester of the eicosapentaenoic acid.
- 5. Use of eicosapentaenoic acid in the manufacture of a prophylactic and therapeutic agent for varicose veins of lower extremities.

6. A method for preventing and treating varicose veins of lower extremities by using eicosapentaenoic acid.